



---

## References for Frailty Certification Course

---

1. Adelman RD, Greene MG, Ory MG. Communication between older patients and their physicians. *Clin Geriatr Med.* 2000 Feb;16(1):1-24.
2. Alstveit KL, Aase K, Barach P. Addressing Risk Factors for Transitional Care of the Elderly - Literature review, Research Gate, December 2010
3. Amutio-Kareaga A, García-Campayo J, Delgado LC, et al. Improving communication between physicians and their patients through mindfulness and compassion-based strategies: a narrative review. *J Clin Med.* 2017;6(3):e33.
4. Bieniek J, Wilczyński K, Szewieczek J. Fried frailty phenotype assessment components as applied to geriatric inpatients. *Clin Interv Aging.* 2016;11:453-459.
5. Boehm F. Keeping the Human Touch. *Fam Pract Manag.* 2003 Apr;10(4):66.
6. Buslovich S. How to take families from outraged to understanding. McKnight's Long-Term Care News, October 2, 2020.
7. Centers for Medicare and Medicaid Services Long-Term Care Facility Resident Assessment Instrument 3.0 User's Manual Version 1.16 October 2018
8. Clegg A, et al. Development and validation of an electronic frailty index using routine primary care electronic health record data. *Age and Aging* 2016; 0: 1-8.
9. Clegg A, Young J, Iliffe S, Rikkert MO, Rockwood K. Frailty in elderly people [published correction appears in *Lancet.* 2013 Oct 19;382(9901):1328]. *Lancet.* 2013;381(9868):752-762. doi:10.1016/S0140-6736(12)62167-9.
10. Decker F. List of Duties for a Certified Nurses Aide in a Nursing Home. <https://work.chron.com/list-duties-certified-nurses-aide-nursing-home-20256.html>
11. Dent E, Kowal P, Hoogendijk. Frailty measurement in research and clinical practice: A review. *European Journal of Internal Medicine*, March 30, 2016. <https://doi.org/10.1016/j.ejim.2016.03.007>
12. Edwards, E., & Hall, J., (2017). Resilience in Aging. <https://www.uofazcenteronaging.com/care-sheet/providers/resilience-aging>
13. Evans SJ, Sayers M, Mitnitski A, Rockwood K. The risk of adverse outcomes in hospitalized older patients in relation to a frailty index based on a comprehensive

- geriatric assessment. *Age Ageing*. 2014 Jan;43(1):127-32. doi: 10.1093/ageing/aft156. Epub 2013 Oct 30. PMID: 24171946.
14. Geriatric Medicine Research Collaborative, Age and frailty are independently associated with increased COVID-19 mortality and increased care needs in survivors: results of an international multi-centre study, *Age and Ageing*, 2021;nafabo26, <https://doi.org/10.1093/ageing/afabo26>
  15. Gill TM, et al. Trajectories of disability in the last year of life. *NJM* Apr 2010; 62(13).
  16. Grabowski D. Ground Zero: How Can We Reduce Nursing Home Deaths? Medscape Webinar May 22, 2020.
  17. Harrison, Clegg et. al. (2015). Managing frailty as a long-term condition. *Age and Ageing*, 44(5), 732-735.
  18. Hewitt J, Carter B, Arturo VM, et al. The effect of frailty on survival in patients with COVID-19 (COPE): a multicentre, European, observational cohort study. *The Lancet Public Health*, June 20, 2020, DOI: [https://doi.org/10.1016/S2468-2667\(20\)30146-8](https://doi.org/10.1016/S2468-2667(20)30146-8).
  19. Hoben, M., Heninger, A., Holroyd-Leduc, J. et al. Depressive symptoms in long term care facilities in Western Canada: a cross sectional study. *BMC Geriatr* 19, 335 (2019). <https://doi.org/10.1186/s12877-019-1298-5>
  20. Kaldy J. Change in Command Raises Clinician Profile. When PDPM gets the handoff from RUGs IV on Oct. 1, clinical leadership will be critical. *Provider*, October, 2019, 30-32
  21. McGregor M, Krushner-Kow J. Why don't doctors screen more for frailty? *Healthy Debate.ca*, University of British Columbia, Canada, May 25, 2016.
  22. Morley, John E. Transitions. *Journal of the American Medical Directors Association*, Volume 11, Issue 9, 607 - 611.
  23. Myers, Vicky. et al. (2014). Multilevel socioeconomic status and incidence of Frailty post myocardial infarction. *International Journal of Cardiology*, 170(3), 338-343.
  24. NCTRC White Paper: About Recreational Therapy. 2020.
  25. Pajewski NM, et al. Frailty Screening Using the Electronic Health Records Within a Medicare Advantage Accountable Care Organization. *Journals of Gerontology: Medical Sciences*, 2019, Vol.74, No. 11, 1771-1777.
  26. PROMOTING HEALTHY AGEING through a FRAILTY PREVENTION APPROACH. This report is part of Joint Action '724099 / ADVANTAGE' which has received funding from the European Union's Health Programme (2014-2020).
  27. Puurveen G., et al. From Family Involvement to Family Inclusion in Nursing Home Settings: A Critical Interpretive Synthesis. *Journal of Family Nursing*, Vol 24, Issue 1, 2018
  28. Robinson TE 2nd, White GL Jr, Houchins JC. Improving communication with older patients: tips from the literature. *Fam Pract Manag*. 2006 Sep;13(8):73-8. PMID: 17022433.
  29. Rockwood, Rockwood, & Mitnitski. Physiological Redundancy in Older Adults in Relation to the Change with Age in the Slope of a Frailty Index. *JAGS* 2010;58:318-323.
  30. Rockwood K. Why geriatric medicine? In: Rai S, Mulley G, editors. *Elderly Medicine: A training guide*. 2nd edn. London: Taylor & Francis; 2007.

31. Rockwood K, Mitnitski A, Song X, Steen B, Skoog I. Long-term risks of death and institutionalization of elderly people in relation to deficit accumulation at age 70. *J Am Geriatr Soc*. 2006 Jun;54(6):975-9.
32. Sheikh A, Sood HS, Bates DW. *Journal of the American Medical Informatics Association*, Volume 22, Issue 4, July 2015, Pages 849–856.
33. Theou O, Rockwood K. Should Frailty status always be considered when treating the elderly patient? *Aging Health*, 2012; 8(3), 261-271.
34. Turner G, Clegg A. Best practice guidelines for the management of frailty: a British Geriatrics Society, Age UK and Royal College of GPs report. *Age and Ageing* 2014;43:744-747.
35. Yourish K, Lai KKR, Ivory D, Smith M. One-Third of All U.S. Coronavirus Deaths Are Nursing Home Residents or Workers. *The New York Times*, May 11, 2020.
36. Zulman DM, Haverfield MC, Shaw JG, et al. Practices to Foster Physician Presence and Connection With Patients in the Clinical Encounter. *JAMA*. 2020;323(1):70–81. doi:10.1001/jama.2019.19003.